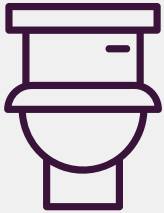


What to expect from an appointment with an Autism Advisor at Bay 20

General Information and FAQs



Toilets

There are toilets designated for men, women, and disabled toilets on the ground floor.



Food and drink

We have tea, coffee, water, and light snacks- such as biscuits available. We have a selection of gluten free snacks available.



Wheelchair access

Bay 20 is wheelchair accessible.
There is a wheelchair accessible lift available.



Access

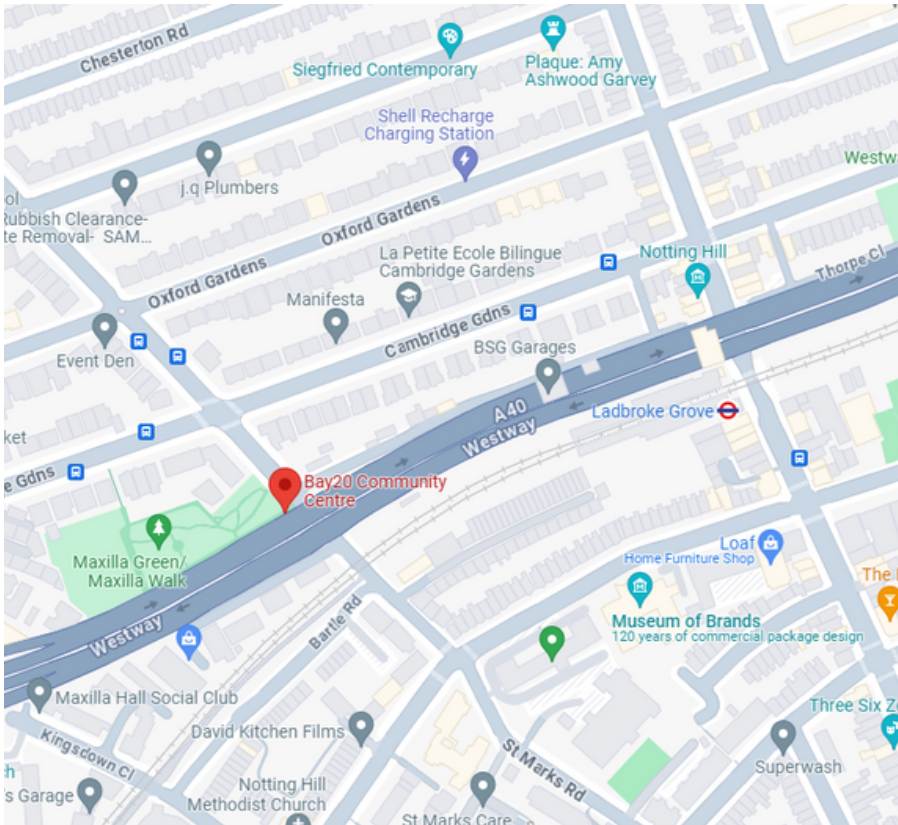
There are a set of stairs to reach the upper levels of Bay 20.



There is a wheelchair accessible lift available.

What to expect from an appointment with an Autism Advisor at Bay 20

How to Find Us



Address:

Bay 20

71 St Marks Road

London

W10 6JG

What 3 Words

people.poster.zoom



What to expect from an appointment with an Autism Advisor at Bay 20

Getting to us- Train and Tube



Nearest Station:

We are a 5 minute walk from **Ladbroke Grove** Station.

Tube lines:

Circle

Hammersmith & City

Getting to us- Bus and Car



295 & 316

Stops at **Cambridge Gardens St Marks Road-**
Stop D

295

316



7, 316, N7

Stops at **Oxford Gardens- Stop C**

316

7



Parking (Not controlled by CAAS)

In the area surrounding Bay 20 there are parking restrictions.

The closest multi-storey is at **Westfield Shopping Centre**.

What to expect from an appointment with an Autism Advisor at Bay 20

When you get here



Bay 20 building



Bay 20's gate

The sign is on the side of the building, but you will need to walk around the building to access the main gate.



Bay 20's main door

When you come in the main door you will see the reception desk on your right. If you are not sure where to go Bay 20 staff will be able to help you.

For appointments you will likely be in **room 3**.

What to expect from an appointment with an Autism Advisor at Bay 20

Room 3

When you enter Bay 20 if you turn to your right you will see the reception desk, a set of stairs, and the toilets.

The Cafe is downstairs.



This is **the Cafe**.
It may be set up in a different lay out than this.

During Groups

Most of our groups have set break times when you can get a drink and a snack and have a chat with the other members if you would like to.



If you find unstructured time difficult let a facilitator know and we can work with you to figure out how to make this break more comfortable for you.

If you need a break at any time during the group feel free. You do not need to wait for the break time.

We do ask that you do not eat during groups, and only eat during the break time. If you need to eat outside of the break you can do so in other communal areas of Bay 20.

